

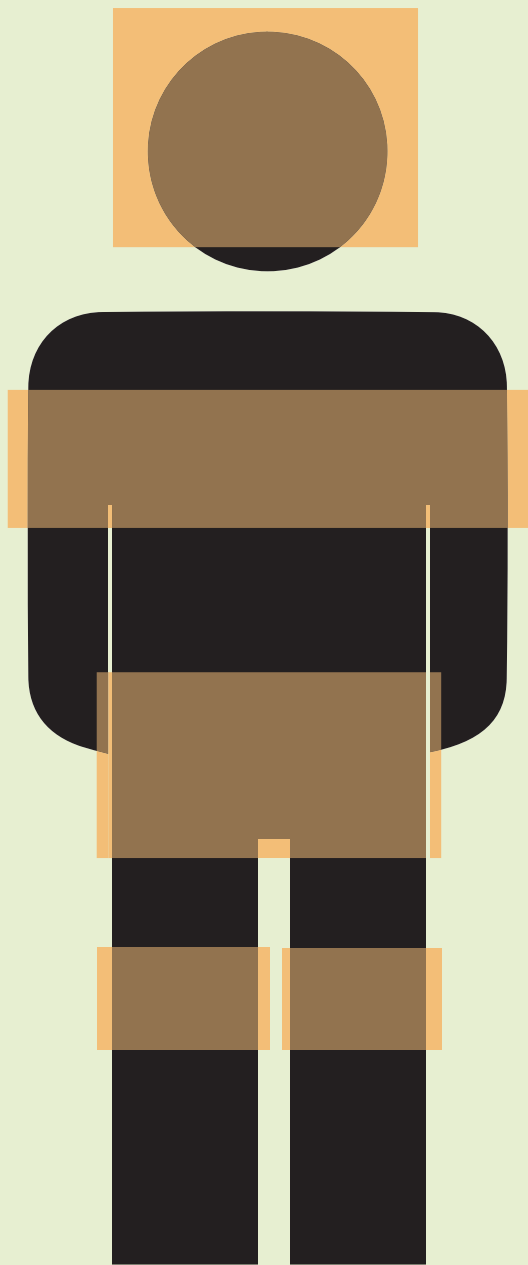
Get Ticks Off!

Check for ticks during and after outdoor activities and remove immediately.

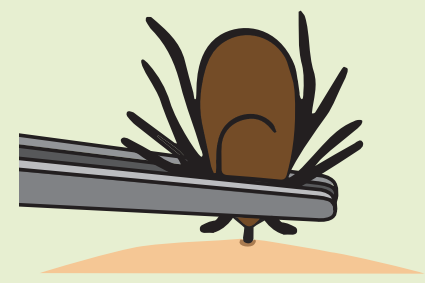
Tick Check Zones

Check your entire body, especially these areas:

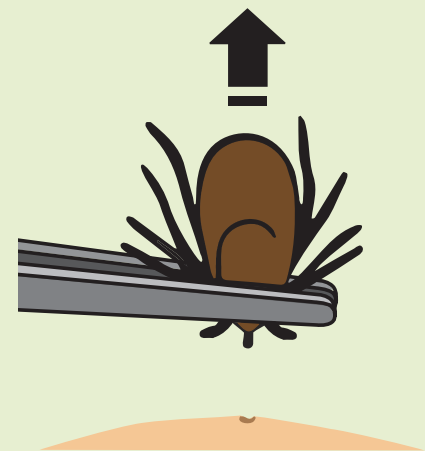
- Scalp & Ears
- Underarms
- Belly Button
- Waist & Back
- Pelvic Area
- In Between Legs
- Behind Knees



Tick Removal



- 1) Use a pointy tweezers.
- 2) Grasp tick close to the skin.



- 3) Pull tick out with a slow, steady upward motion.
- 4) Disinfect the bite area.

Tick-related diseases are preventable.

For more information on proper tick removal methods and other disease prevention tips:



www.co.washington.mn.us/ticks



Washington
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