



FREE AND CONFIDENTIAL

STD testing for chlamydia and gonorrhea

Why should I get tested?

One in two sexually active young people will get a sexually transmitted disease (STD) by the age of 25. Many infections may not show any signs or symptoms.

How does testing work?

The samples we will test are self-collected vaginal swabs or urine specimens.

Who can get tested?

Anyone! Testing is free regardless of your insurance status.

What should I bring?

Bring yourself! It's okay to come with another person if that makes you more comfortable.

Learn more or make an appointment for free testing:



www.co.washington.mn.us/STD
651-430-6655



Reduce your risk

Practice safer sex by taking these steps to protect yourself and your sexual partner(s) from STDs.

Use condoms. Consistent and correct use of male latex condoms significantly reduces the risk of STD transmission. If you have a latex allergy, synthetic non-latex condoms can be used, but breakage rates are higher than with latex condoms. Use a condom every time you have anal, vaginal, or oral sex.

Scan to learn the right way to use a male condom.



Get vaccinated. Although there is no vaccine for chlamydia or gonorrhea, there are vaccines for hepatitis B and HPV. Vaccines are a safe and effective way to prevent these serious diseases, so make sure you are up-to-date with your vaccinations.

Reduce the number of sexual partners you have. Reducing the number of sexual partners decreases your risk for STDs. It is important that you get tested and share your results with your sexual partner.

Learn more about STD prevention, testing, and treatment: www.cdc.gov/std