

Transition Resource Guide Washington County 2018

Independent Living/Daily Skills

Washington County Developmental Disabilities Case Management Intake...651-430-6484

www.co.washington.mn.us

Semi-Independent Living Providers (SILS):

(Specialized agencies-requires county funding)

Living Well	651-688-8808	New Challenges	651-454-0161
Outcomes	651-483-9500	Owakihi	651-451-2889
REM	651-644-7680	ResCare	651-501-2378
Thomas Allen	651-450-1802		

Waiver Services Providers:

(Requires funding)

ACR Homes	651-294-4704	Sur La Rue	651-772-4657
Community Living Options	763-856-4866	CCR	952-432-7710
Dungarvin	651-699-6050	Dependable Care (ext.104)	651-779-9810
Legacy Endeavors	651-717-4477	Fraser	612-767-5180
Meridian	763-450-5010	MDM Rubicon	651-731-8621
New Directions	651-775-7605	New Challenges	651-454-0161
Outcomes	651-483-9500	Northeast Residence	651-765-0217
Partnerships for MN Futures	651-774-1508	Owakihi	651-451-2889
REM	651-644-7680	Pathways to Community	651-641-4009
		Rudolph	952-467-6069
		Thomas Allen	651-450-1802

Youth/Young Adult Housing

Archdale Apartments	612-333-9284	Other Housing Resources:
Barnabas	612-251-3502	www.bridgetobenefits.org
Booth Brown Foyer Apts.	651-251-3502	RS Eden 612-287-1600 www.rseden.org
Home Free & Mosaic 2994	651-777-5222	Seventh Landing & Lindquist Apts 612-782-
Housing Link www.youthlinkmn.org (www.housinglink.org)	612-522-2500	Youthlink 612-252-1200 HB101.org (housing benefits 101)

Advocacy and Legal Rights

ARC Greater Twin Cities 952-920-0855

(www.greatertwincities.com)

Metropolitan Center for Independent Living 651-646-8342

Pacer.org

DB101.org

Disability Linkage Line 1-866-333-2466

United Way 2-1-1

Specialized Agencies Providing Employment Support Services (Require VRS and/or County Funding)

Alley People Solutions 651-641-0709
Chrestomathy..... 952-974-0339
www.chrestomathyinc.org
Courage Kenny.....612-775-2569
www.allinahealth.org
East Suburban Resources..... 651-351-0190
www.esrworks.org
Goodwill Easter Seals..... 651-379-5800
www.goodwilleasterseals.org
Kaposia..... 651-224-6974
www.kaposia.com
Lifetrack Resources.....651-227-8471
www.lifetrackresources.org
Lifeworks..... 651-454-2732
www.lifeworks.org
Merrick 651-789-6200
www.merrickinc.org
Midway Training Services..... 651-641-0709
Midwest Special Services 651-778-1000
www.mwsservices.org
Minnesota Diversified Industries 651-999-8234
OP (Opportunity Partners>>.....952-938-5511
www.opportunitites.org
OS (Opportunity Services..... 651-578-1329
www.oppserv.org
Phoenix Alternatives..... 651-407-7175
www.phoenixalternatives.org
Proact 651-686-0405
www.proact.org
Rise Inc.....763-639-3622
TSE 651-489-2595
www.tse-inc.org

Employment Services/Training Centers

JOB CORPS: Hubert H. Humphrey Job Corps Center

..... 800-934-JOBS or 651-642-1133
Snelling & Arlington, St. Paul, MN

Labors Training Center 651-653-6710
Lino Lakes, MN
e-mail: info@lrcmn.org

Minnesota Workforce Center 651-779-5666
(Ramsey County)
2098 11th Ave. E, North St. Paul, MN 55109

Minnesota Workforce Center 651-275-8650
(Washington County)
2150 Radio Drive, Woodbury, MN 55125

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Montessori School of MN 651-298-1120
St. Paul, MN
<http://mtcm.org/>

Newgate Education Center 612-378-0177
2900 East Hennepin Ave., Minneapolis, MN

Vocational Rehabilitation 651-779-5940
State of MN Program
2098 11th Ave. E., North St. Paul, MN 55109

Vocational Rehabilitation 651-501-6363
State of MN Program
6043 Hudson Road, Suite 170, Woodbury, MN 55125

Career Search Resources on the Web

Minnesota Career Education and Job Resource
.....www.iseek.org

Minnesota Employment and Economic
Development

www.positivelyminnesota.com

Minnesota Job
Hotline.....www.mnjobhotline.com

Minnesota
Works.....www.minnesotaworks.net

Official US Federal Government
Jobs...www.usajobs.gov

One Tine Job Search.....www.indeed.com

Peace
Corps.....www.peacecorps.gov

Quint Careers

www.quintcareers.com

Ramsey County Job Line

www.co.ramsey.mn.us

Washington County Job Line

www.co.washington.mn.us

Military Career Resources

U.S. Air Force.....www.airforce.com
U.S. Army.....www.army.mil
U.S. Coast Guard.....www.uscg.mil
U.S. Marine Corp.....www.usmc.mil
U.S. Navy.....www.navy.com

Miscellaneous

Disability Benefits 101 1-866-333-2466
www.db101.org

Free service to see how
benefits and income
might change with a job.

Transition Resources for Community Participation

Local Transit Solutions

Metro Mobility.....651-602-1111 Metro Transit.....612-373-3333

www.metromobility.org for certification

Ride Sharing Solutions

UBER..... <https://get.uber.com/sign-up/>

LYFT..... <https://www.lyft.com/signup>

Taxi Cab Solutions

Stillwater Taxi.....651-439-9999 Woodbury Travel Taxi...651-485-6252

Suburban Taxi.....651-222-2222 Yellow Taxi.....651-222-4433

Alliance for the Mentally Ill of Minnesota, Inc.651-645-2948
..... 888-NAMI-HELPS

970 Raymond Ave. #105
St. Paul, MN 55401-1146
<https://namimn.org/>

Anodyne Art Center..... 651-642-1684

1410 Energy Park Drive
St. Paul, MN 55108
www.anodyneart.org

ARC Greater Twin Cities.....952-920-0855

2446 University Avenue W. Suite 110
St. Paul, MN 55114-1740
www.arcgreatertwincities.org

Support and advocacy for persons with developmental disabilities and their families. Serves 7 county metro area. Provides programming, services, and advocacy across the lifespan.

Association of Residential Resources in Minnesota (ARRM)651-291-1086

1185 North Concord Street, Suit 424
St. Paul, MN 55075
www.armm.org

Transition Resources for Post-Secondary and Training

WEB-BASED RESOURCES ABOUT SERVICES

Minnesota Disability Organizations www.pacer.org

RESOURCES

Minnesota Department of Children, Families and Learning - School-to-Work
Publication: *Making Connections*, Minnesota School-to-Work Resource Guide

MNSCU (Minnesota State Colleges and Universities) www.mnscu.edu
Publication(s): *Go Places*, Minnesota State Colleges and Universities; *Guidelines for Assistive Technology in Post-secondary Settings*, STAR 1996.

OCCUPATIONS AND TRAINING

Americorps www.americorps.org
Paid service term and education award. A federally funded program administered by the Minnesota Commission on National and Community Service.
MN Disability Coordinator:
Mischelle.treboske@state.mn.us

Century College, Access Center for Students with Disabilities: <https://www.century.edu/>
https://century.custhelp.com/app/answers/detail/a_id/67
College Is Possible: 2/-/college-possible

Division of Rehabilitation Services (DRS)
..... 651-779-5940
TDD/TTY 1-612-296-3900

iseek www.iseek.org
Education and employment knowledge.

LD On Line www.ldonline.org
A variety of post-secondary resources, e.g., a Post-secondary Planning Worksheet. Text: *Unlocking Potential, College and Other Choices for Learning Disabled People – A Step by Step Guide* by Barbara Scheiber and Jeanne Talpers. Alder & Alder. ISBN # 0-917561-29-5.

Minnesota Career Information System <https://mncis.intocareers.org>
MN Career Information System: career and education resources for K-adult. You can obtain user name and password from high school or Work Force Center.

Minnesota Life College, Apartment Living 612-869-4008
Barb Geisel, MA, Director of Program, Services
7501 Logan Ave. S., Suite 2A, Richfield, MN 55423 www.minnesotalifecollege.com
Vocational and life skills training for young adults with learning differences and autism spectrum disorders.

Transition Resources for Post-Secondary and Training

HOW TO ACCESS POST-SECONDARY EDUCATION PROGRAMS

1. Compile Transition Portfolio: IEP, with accommodation and assistive technology information, assessment copies, agency information, etc.
2. Identify interests and goals.
3. Assess post-secondary choices.
4. Identify college entrance requirements: assessments, forms, etc.
5. Gather information for post-secondary choices: disability access, contact counselor/disability coordinator, brochures, catalogs, etc. Complete an education plan.
6. Seek accommodation for disability related concerns early in the process. For example: assessment test accommodations or assessments should be taken by the time the eighth credit is purchased.
NOTE: Colleges accommodate and do not provide modification. Think in terms of student accommodation, not modification.
7. Identify supports needed: Notetaker, tutor, word processor, refresher course(s), etc.
8. Self-advocacy. Have a clear understanding of the campus requirements for this skill. Understand the stress associated with learning the “system” and the need to find help immediately. Parents lose the ability to intervene on the behalf of their “over 18” child because they are at the age of majority.
9. Visit the campus and meet the support staff. Each campus may vary the availability of services.
10. Establish a method of communication with your young adult.

Independent Living / Daily Skills

YOUTH/YOUNG ADULT HOUSING

Archdale Apts. 612-253-1460

Barnabas 612-253-0630

Booth Brown Foyer Apts. 651-251-3502

Home Free & Mosaic 651-777-5222
Must be homeless and have a mental health disability.

Housing Link 612-522-2500
info@housinglink.org
Affordable rental choices.

Job Corps 651-642-1133
<http://jobcorps.dol.gov>

**MN Association of Centers
for Independent Living** 651-636-4567
www.macil.org

Other Housing Resources:

- www.c3online.org
- www.bridgetobenefits.org

RS EDEN 612-287-1624
www.rsedn.org

Seventh Landing & Lindquist Apts. 651-291-3842

Youthlink 612-252-1200
www.youthlinkmn.org

ADVOCACY & LEGAL RIGHTS

Disability Linkage Line 1-866-333-2466

**Metropolitan Center
for Independent Living (MCIL)** 651-646-8342
www.mcil-mn.org
Information and referral service for people
with disabilities.

**MN Association
for Guardianship and Conservatorship** 651-
292-9131 <https://www.minnesotaguardianship.org/>

United Way 2-1-1 Dial 2-1-1- or 1800-
543-7709 Free and confidential health and human
services information.

Transition for Recreation and Leisure

North East Social Program 651-653-0024
Maplewood Community Center, 2:00-6:00 p.m.
After school or work program offers young
adults the opportunity to swim, play basketball,
board games or crafts.

Pick'n and Grin'n 651-266-6366
Monthly opportunity to dance, sing and play along
with a small band.

SERVING PEOPLE WITH DISABILITIES

Able to Travel 1-800-986-0053

People First (18+ rec. and educational) 651-523-0876

Apollo 651-227-6321
www.peopleincorporated.org
Serving people with mental illness.

Blazing Stars Night (rec. program) 651-739-6584

Uniquely Abled Dance 651-457-4942

The Link Program in Forest Lake 651-982-8326
Judy Presinger, Coordinator

Ventures Travel 952-852-0107
www.friendshipventures.com

Off the Beaten Path, Inc. (travel) 1-800-221-3155

SERVING MOST PEOPLE

Aamodt's Apple Farm 651-439-3127
www.AamodtsAppleFarm.com

Highway 8 Driving Range 651-257-1600

Afton Cruise Lines 651-436-8883
www.aftonhouseinn.com

Historic Courthouse 651-430-6233
www.co.washington.mn.us

Afton Historical Museum 651-436-3500

All Season Golf (miniature golf)..... 651-459-2135

Birdies Sports Park 651-731-3331

CGAA Bingo 651-459-2217

Cottage View Drive-In 651-458-5965

Dick's -Woodbury 651-731-0200
www.dickssportinggoods.com

Vali Hi Drive-In 651-436-7464

Washington County

Historical Society Museum 651-439-5956

www.wchsmn.org

Wooddale Rec. Center (roller rink) 651-773-6214

Woodloch, Inc. (horseback riding) 651-429-1303

www.bunkerparkstable.com

Wilderness Inquiry (wilderness prog.) 651-676-9400

St. Croix Boat and Packer 651-430-1234

www.Andiamo-ent.com

Tartan Arena (ice rink) 651-714-9251

Theatre and Movies Listings

..... <http://movies.yahoo.com/>

Interact Theater 612-339-5145

Transition for Recreation and Leisure

There are other options. Don't forget your neighborhood park, school, and church for activities.

Jaycee's – Cottage Grove 651-687-0402

Provides people age 21-39 the opportunity to develop personal and leadership skills while striving to improve their community.

For a more complete 7-county listing, call:

ARC Great Rivers 651-523-0876

VFW Flyers Program 651-487-7966

Monday and Wednesday, 6:30-8:30 p.m. Activities: Arts and crafts, bingo, cooking and parties, open gym.

Interpreters and Accessibility Resource List

Deaf & Hard of Hearing Services – Metro Area

Voice..... 651-297-1316
 TTY 651-297-1313
 Fax 651-215-6388

Human Services Building
 (mailing address)
 444 Lafayette Road N. St.
 Paul, MN 55155-3814
 130 E. 7th St.
 St. Paul, MN 55101

Deaf & Hard of Hearing Services provide free assistance to deaf, deaf-blind, and hard-of-hearing people of all ages, their family members, human service providers, employers, schools and other interested individuals. Services include information and referral, problem solving, consultation, training, demonstration laboratory of equipment, Library Loan program and interpreter referral. Video tapes can be rented. Also, provides Telephone Equipment Distribution.

This is a fee for service: Multiple options for billing of services.

Minnesota Children with Special Health Needs

..... 651-215-8956
 Toll Free – V/TTY 1-800-728-5420

85 East 7th Place
 P.O. Box 64882
 St. Paul, MN 55164-0882

Minnesota DeafBlind Technical Assistance Project – Metro ECSU

Voice..... 612-638-1531 or 1526
 Toll Free..... 1-800-848-4905

2 Pine Tree Dr., Suite 101
 Arden Hills, MN 55112
www.dbproject.mn.org

Services include support services for families, workshops, material resource center, technical assistance and training.

Minnesota Relay Service (MRS)

Voice/TTY 651-602-9005
 Voice 1-800-627-3529
 TTY 1-888-639-7623
 Fax 651-602-9010

First National Bank Building
 332 Minnesota St., Suite E820
 St. Paul, MN 55101

When your call is answered, a Communication Assistant will relay the telephone call for the deaf & hearing individuals.

Minnesota Resource Center: Deaf/Hard of Hearing

..... 1-800-657-3936

P.O. Box 308
 615 Olof Hanson Drive
 Faribault, MN 55021-0308

Services include workshops, special events, and lending library covering topics such as deaf culture, communication options, sign language, cued speech, lip-reading, and interpreting.

Self Help for Hard of Hearing People: MN Chapters

..... 651-772-4931

620 Geranium Ave East
 St. Paul, MN 65301

Services include a monthly newsletter, monthly social events, and chapter/group meetings that focus on education, advocacy, and self-help for people with a hearing loss. MN Chapter #1 meets on the third Saturday of the month from September to May at the Courage Center in Golden Valley at 9:30 am.

State Services for the Blind and Visually Handicapped (SSB)

Reception Desk 651-642-0500
 Toll free 1-800-652-9000
 Fax 651-649-5927

2200 University Ave. W., Suite #240
 St. Paul, MN 55114-1840

To get documents translated into Braille, call the main reception desk and ask for the Braille section.

SIGN LANGUAGE

DVA ASL Interpreting Services

Voice..... 763-478-8963
Toll free 1-866-275-3323
TTY/Fax 763-478-3093

6517 Hunter Road
Corcoran, MN 55340-
9632 www.aslis.org

Provide in-house and public seminars that enhance communications between deaf and hearing employees, job coaching, consultation on deafness and cultural issues, as well as the ADA and operate **ASL Interpreting Services** – a referral agency that locates interpreters for companies with deaf employees. Interpreters have experience with ASL, PSE, SEE, oral, deaf-blind, stenographer, and note taking.

Cultural Language Interpreters / Translators

African Community Services 612-721-9984
Minneapolis, MN (Somali & Oromo)

Betmar Languages 763-572-9711
6260 NE Hwy 65, Suite #308
Fridley, MN
(Most other languages)

Dialog One (Voice) 651-379-8600
Email: rfonts@dialog-one.com

International Bureau

Asian Translations 612-721-5878
4206 Thomas Ave. N.
Minneapolis, MN 55412

O'Neill Language Academy, Inc.

Voice..... 651-264-0404
Fax 651-264-0505

Minneapolis, St. Paul, and surrounding
suburbs. <http://oneilllanguage.com>

Languages include: Spanish, French, Portuguese,
Japanese, German, Chinese, Russian, and Italian.

**Sign Language Interpreter and CART Services Locator
Assistance Agency MN Dept. of Human Services (DHS)**
..... 651-431-5940

85 7th Place E, Suite 105
Golden Rule Bldg., St. Paul, MN 55101
Email: dhhs.metro@state.mn.us

Resources to help find sign language interpreters

University Language Center 952-224-5600
..... 800-798-6032

4445 W. 77th S.,
Minneapolis, MN 55435
<http://ulanguage.com>

World Interpreting 1-800-969-6853
Email: info@worldinterpreting.com

Cultural Resources

- African American Family Services** 651-642-0043
1041 Selby Ave., St. Paul, MN 55104
www.aafs.net
- African American Psychological Services
(Thad Wilderson and Associates)**
..... 651-225-8997
475 University Ave., St. Paul, MN 55103
<http://thadwilderson.com>
- Ain Dah Yung-Oyate Nawajin**..... 651-495-1075
St. Paul, MN
American Indian
- American Indian & Family Services** 651-223-8526
25 Empire Dr., St. Paul, MN 55103
www.aifacs.org
- American Indian Family Center** 651-793-3803
579 Wells St., St. Paul, MN 55130
www.aifc.net
Healing Generations Project
American Indian Culturally Mental Health Services
- American Indian Learning Resource Center**
..... 612-624-2555
106 Pleasant St. SE, 324 Appleby Hall
Minneapolis, MN 55455
www.mcae.umn.edu/circle/
- Chicano Latino Resource Center** 612-624-6386
106 Pleasant St. SE, Appleby Hall
Minneapolis, MN 55455
- CLUES (Chicanos Latinos Unidos en Servicio)**
..... 651-379-4200
220 Robert Street S., Suite 102
St. Paul, MN 55107
(Spanish speaking cultures)
- Community University
Health Care Center** 612-638-0700
2001 Bloomington Ave., Minneapolis, MN 55404
- Dennis Whynn MA, LP** 651-644-2267 Ext 4
408 St. Peter St., Suite 429
St. Paul, MN 55102
- Hamm Clinic** 651-224-0614
- Hmong & Developmental Disability Therapy
for Hmong Men & Women** 612-872-6165
1369 Energy Park Dr., St. Paul, MN
- Hmong Cultural Center** 651-917-9937
995 University Ave. W., St. Paul, MN 55104
- Jewish Community Center** 651-698-0751
1375 St. Paul Ave., St. Paul, MN 55116
www.stpauljcc.org
- Jewish Family Social Services** 651-698-0767
1633 West 7th St., St. Paul, MN 55102
www.jfssp.org
- Kim Tong Translation Services** 612-724-5962
- Korean Adoptees Ministry Center** 651-331-0143
P.O. Box 130563, Roseville, MN 55113
- La Familia Guidance Center** 651-221-0913
Chicana/Latino
155 S. Wabasha St., St. Paul, MN 55107
- Lao Family Services** 651-221-0069
Robert Barron PhD. LP Hmong Assessments
www.laofamily.org
- La Oportunidad** 612-872-6165
2700 East Lake St.
Minneapolis, MN 55406
www.oportunidad.org
- Professional Somali Interpreting Svcs**..... 612-636-9553
amahboub@mail.com
- Ramsey County Mental Health Center** 651-266-7999
1919 University Ave., St. Paul, MN 55104
(Hmong, Spanish & more)
- United Cambodian Associates of MN** 651-222-3299
6415 Carmen Ave.
Inver Grove Heights, MN 55026
- Wilder South East Asian Program**..... 651-647-9676
451 Lexington Parkway N., St. Paul, MN
55104 Tony Yang, Director
Email: tony.yang@wilder.org

CTIC Vision Statement

All transition age youth/young adults with Disabilities in our community will develop the Necessary skills to prepare themselves for Successful futures.

CTIC Mission Statement

To connect youth/young adults with disabilities and their families to community resources, empower them to strengthen advocacy skills in order to navigate their life plan.

Special thanks to those organizations who helped make this brochure possible:

Washington County School Districts; District 833 Service Center;
Department of Vocational Rehab. Services; Washington County DD Unit;
Human Services, Inc.; ARC Great Rivers; Washington County Workforce Center;
East Suburban Resources; Northeast Metro 916 Technical School

Prepared by Washington County Transition Interagency Committee

