

THE STAR



The Newsletter for Licensed Foster Care Providers of Washington County ★ Summer 2019

Inside This Issue

Monthly Billing Reminders for Child Foster Care	2
MNADOPT HELP Program Now Available for Foster Families	2
Musical Tribute to Foster Parents	2
Recall of Rock 'N Play Sleepers	3
Change in CARS Training Requirement	3
Resources and Support for Foster Parents	3
Toy Donations for CFC	3
Housing Support Rate (Formerly GRH) Increased	4
Sun Safety Tips	4
An Exploration into Adult Foster Home Program Form	4
Recognition Evening	6
Child Foster Care Training	7
AFC Provider Training Group	8

Licensing Unit's Mission

To enrich the lives of children and adults by promoting safe and quality licensed care.



Community Services
14949 62nd St. N.
P.O. Box 30
Stillwater, MN 55082
www.co.washington.mn.us

New Crisis Response Unit

As of January 1, 2019, Washington County crisis response services are now provided by a team of social workers housed within the Washington County Sheriff's Office. Crisis response services are available 24 hours a day, 7 days a week. Trained social workers provide consultation and support over the phone to individuals or caregivers of individuals who are experiencing a crisis. This may include situations such as a parent/child conflict or a mental health crisis. If it is determined that in-person support is needed, a crisis worker may also be dispatched to the caller's home. The goal of these services is to provide stabilization and avoid hospitalization. Follow-up support will also be provided, including a phone call within 24-48 hours and referrals to additional services as needed. The new crisis response phone number is **651-275-7400**. Please update your emergency contact list to include this number. Remember to notify your licenser every time you utilize the crisis response unit for a foster child in your home.

Child foster care providers may also receive emergency placement referrals from the Crisis Response Unit. There will still be limited information known at the time of referral, but a social worker will be assigned and contact you upon the next business day.

Welcome Linnea Borer

Our New Child Foster Care Licenser



Hello providers, my name is Linnea Borer and I am the newest Child Foster Care Licenser with Washington County. I am happy to be a part of a great team and will work hard to license and support you as foster care providers. Prior to coming to Washington County, I worked for several years as a hospice social worker for a nonprofit agency in Minneapolis. I have worked as a case manager for older adults, a long term care social worker, and as a Program Director for Adult Foster Care homes. I started my beloved journey in human services when I was a teenager working as a PCA for children with ASD diagnoses. Additionally, I have worked as a case manager for low income families and as support staff for children with high medical needs/dual diagnoses. I am a Clinical Social Worker and attended Minnesota State University Mankato and St. Thomas University where I received a Bachelor's of Science in Social Worker and a Master's of Social Work respectively. I am a proud mother of a precocious six-year-old daughter. We have a dog named Sparky and enjoy going for hikes, bike rides, reading, and to the movies. For self-care I practice yoga regularly and have been for over ten years.

Welcome Anna Markgraf

Our New Case Aide



Hello! My name is Anna Markgraf, I'm the new Case Aide for the Washington County Licensing Unit. I have been with Washington County for almost 17 years; 13 years with the Historic Courthouse and the past four years I've been with Community Services supporting the front desk and the Child Protection unit. My husband and I live in Mahtomedi and have two adult children. In my spare time I enjoy traveling and listening to all genres of live music. I look forward to meeting you!

Foster Parents Needed!

Word of mouth is one of the best forms of recruitment to get new foster parents in Washington County. If anyone has said to you, "I've always thought about becoming a foster parent" or you know of someone who is good with kids, wants to help the community, and you think has what it takes to become a foster parent, please send them our way!

We need people who can provide care to a variety of youth, such as teens, sibling groups, children with mental health diagnoses, developmental disabilities, and everything in between.

We need foster parents in all areas of the county. Whether families can only commit to one or two weekends per month for respite care or be a placement resource, we have a need for both!

Please pass the word on so we can keep kids in our local foster homes.

OUR NEXT CHILD FOSTER CARE INFORMATIONAL MEETING:

Mon., September 5
6:00-8:00 p.m.
Washington County Government Center, Stillwater

For more information call 651-430-8307.

Monthly Billing Reminders for Child Foster Care

Monthly billing forms are now available to download from our website: www.co.washington.mn.us/2854/Forms-and-Resources. At the end of each month, they should be submitted to the Washington County accounting department (address provided on the form). Forms may also be emailed to Markell.Bell-Penman@co.washington.mn.us or faxed to 651-430-6639, Attn: Community Services Accounting Unit.

Here are some common questions that arise when filling out the monthly billing form. If you have any additional questions, please contact your licensor.

- 1. How do I count the number of days a child has been in my home?**
You may bill for every **NIGHT** the child spends in your home. For example, if a child is placed with you on a Monday at 7:00 p.m. and removed on a Wednesday at 6:00 p.m., you would bill for two days because the child only spent Monday and Tuesday night at your home.
- 2. How does respite affect my reimbursement?**
You will bill for the days that a child is not in your home because of respite. It is the expectation that you will reimburse the respite caregiver for those nights when you receive your monthly check. Your licensor does not help facilitate payment to the respite caregiver.
- 3. Where is my check?**
Due to the structure of accounting practices, payment will ordinarily be at least one month behind. If it has been more than two months and you have not received an update on the status of your reimbursement, contact Markell in accounting at 651-430-6051 or Markell.Bell-Penman@co.washington.mn.us.

For children placed by another county:

Check with the placing county to determine their monthly billing practices. You will *NOT* submit bills to Washington County, and your licensor will be unable to assist with determining the status of your payment.

Enrolling in direct deposit:

If you are caring for a Washington County child, you may enroll in direct deposit by sending an email to af-ap@co.washington.mn.us with your name and address.

MNADOPT HELP Program Now Available for Foster Families

Are you looking for a trauma-informed therapist who is skilled in the unique challenges faced by foster families and foster children? Is your foster child experiencing behavioral challenges and you're not sure where to turn? Are you a kinship foster parent seeking support for the changing dynamic in your family now that you are caring for a relative? The MNADOPT HELP Program provides free phone-based support from specialists whose focus and specialty is foster care and adoption. They can provide individualized support, guidance, and referrals to resources tailored to your specific situation. Visit www.mnadopt.org/help-prog for more information or call 612-746-5137 to speak with a Help Program specialist.

Musical Tribute to Foster Parents

"Little Love" is a song written by musical artist, Josh Putnam, for his friends who recently had to let go of their "little love." "My hope is that this song reaches the hearts of those who have bravely welcomed a child in, loved them and, in many cases, had to let them go. Thank you for all that you foster parents do." – Josh Putnam, singer/songwriter. To listen to this tribute to foster parents, go to Spotify, Amazon, YouTube, or whatever platform you use and type in Josh Putnam (as the author) or Little Love (as the song).

Recall of Rock 'N Play Sleepers

On April 12, 2019, Fisher-Price issued a recall of all models of Rock 'n Play Sleepers due to infant fatalities after the infants rolled from their back to their stomach or side while unrestrained or under other circumstances. Here is a link to the Consumer Product Safety Commission (CPSC) website regarding the recall: www.cpsc.gov/Recalls/2019/Fisher-Price-Recalls-Rock-n-Play-Sleepers-Due-to-Reports-of-Deaths.

In addition, on April 26, 2019, Kids II issued a recall of all models of Rocking Sleepers due to infant fatalities after the infants rolled from their back to their stomach or side while unrestrained or under other circumstances. A full list of the names and model numbers affected is included on the website. **The list of names and model numbers is extensive for this product.** Please make sure you familiarize yourself with the list. Here is a link to the Consumer Product Safety Commission (CPSC) website regarding the recall: www.cpsc.gov/Recalls/2019/Kids-II-Recalls-All-Rocking-Sleepers-Due-to-Reports-of-Deaths.

The CPSC reports that consumers should immediately stop using the product and contact the company for a refund or a voucher. You can subscribe to CPSC recall alerts here: www.cpsc.gov/Newsroom/Subscribe.

While these sleepers are never allowed in child foster care for sleeping, we are aware that some providers have chosen to use them as an alternate space to place an infant while awake. *Due to the potential safety risks, it is important that all providers immediately stop using these products.*

Change in CARS Training Requirement

Previously, car seat training was required for families caring for children under 9 years of age. Due to recent changes in legislation, the age for which CARS training is required has been reduced to children under 8 years old. *If you are licensed to care for children ages 0-7, this training is still required every 5 years.*

Resources and Support for Foster Parents

The North American Council on Adoptable Children (NACAC) offers a statewide network of support for adoptive, foster, and kinship families. Services available through the Adoptive Foster Kinship Connections program include:

- **Parent-to-parent support:** emotional support, information, resources, and referrals provided by experienced adoptive, foster, and kinship parents, available via phone, email, or chat
- **Youth support:** hosts activities and support groups for children and teens who are adopted or in foster or kinship care, as well as educational and recreational events for siblings in families with children who are adopted or in foster or kinship care
- **Online support:** multiple private Facebook support groups that allow parents to share concerns and successes and offer support and advice to one another
- **In-person support groups:** facilitated by experienced parents
- **Weekend retreats:** provide training, support, networking opportunities, and time for self-care

For more information, visit www.nacac.org/connect/support-for-minnesota-adoptive-families or contact Ginny Blade, program manager, at 651-646-5082 or ginnyblade@nacac.org.

Toy Donations for Child Foster Care

The Licensing Unit has received some donations of used baby and toddler toys. Contact your licensor if you are interested. *Donations will be dispersed on a first come, first serve basis.*

Welcome New Child Providers

January 2019

- **Amanda Hunter,** Cottage Grove (Kin)
- **Linda and John McCallum,** Mahtomedi (Kin)
- **Padraic and Jaclyn O'Brien,** Stillwater (Kin)

February 2019

- **Melissa and Jason Calverley,** Bayport (Kin)

March 2019

- **Cara and Brandon Bauer,** Cottage Grove (Kin)

April 2019

- **Ann Odland & Timothy Stevenson,** Bayport (Kin)

May 2019

- **Rachel and Travis Jensen,** Forest Lake (Kin)
- **Berkeley Lewis & Victoria Carlson,** Hastings (Kin)
- **Jing and Kiu-Yuen Tse** Woodbury (Non-Kin)

June 2019

- **Anna Christopherson and Travis Wilfong,** Forest Lake (Kin)
- **Karan and Steve Ferguson,** Forest Lake (Kin)
- **Laurie and Michael Ludwig,** Oakdale (Kin)
- **Brent and Amanda Palmer,** Stillwater (Non-Kin)
- **Anne and Ron Tatro,** Woodbury (Non-Kin)

Adult Foster Care Providers Needed!

When life gets difficult... can you help? As a Washington County Adult Foster Care provider, *you can make a difference* in the lives of adults with a mental health diagnosis who are unable to live independently. Many choose to live in a family setting and simply need the support and stability of foster care to manage the demands of everyday life.

Who needs care?

- Over 18 years old
- Individuals with a mental health diagnosis
- Need a safe, caring environment
- May be involved in programs during the day such as school, work, or organized day program
- May stay with you for a long time, but most are short-term

What is adult foster care?

Licensed individuals or families provide adult foster care in their own home. The adults in care need a safe and supportive environment in which to thrive and learn independent living skills.

OUR NEXT ADULT FOSTER CARE INFORMATIONAL MEETING:

Mon., October 7
6:00-8:00 p.m.
Washington County Government Center, Stillwater

For more information call 651-430-8307.

Housing Support Rate (Formerly GRH) Increased

The Housing Support (room and board – formerly GRH) rate is going up to \$922 effective July 1. This rate is set each year by the state. These state funds help cover the cost of rent, food, utilities, household supplies, maintenance, cleaning, and trash collection. Individuals in placement are eligible for this support based on their income and assets. Providers **MUST** have a contract with the county in order to receive this funding.

Personal needs allowance is currently \$102/month.

.....

Sun Safety Tips

Every year we see maltreatment reports being made because of sun burns. Here are some safety tips adapted from the MN Ombudsman’s office:

- Medications: Some medications, such as antipsychotic medications and antibiotics, put clients at a higher risk for sunburn.
- Use umbrellas, hats, long-sleeved, light weight, summer clothing, etc. to reduce exposure to sun.
- Protect eyes with sunglasses that are labeled to block out 99-100% of both UVA and UVB radiation.
- Limit time in the sun, especially between the hours of 10:00 a.m. and 2:00 p.m., when the sun’s rays are most intense.
- Use broad spectrum sunscreens with SPF values of 15 or higher regularly and as directed even when it is cloudy.
- Check the expiration dates on your sunscreen. A sunscreen product that doesn’t have an expiration date should be considered expired three years after purchase.
- Apply the recommended amount: a golf-ball sized amount or about one ounce – evenly to all uncovered skin, especially your lips, nose, ears, neck, hands, and feet.
- Apply sunscreen 15 minutes before going out in the sun.
 - If you don't have much hair, apply sunscreen to the top of your head, or wear a hat.
 - If you part your hair apply to the scalp exposed by the part.
 - Reapply at least every two hours, more often if you’re sweating or jumping in and out of the water.

.....

An Exploration into the Adult Foster Home Program Form

The Adult Foster Home Program Plan is simply the written description of the services you offer. It is required by the AFC rule that you develop this plan and that it be approved by your licensor. The Department of Human Services mandates the basic content of the form. *You will be held to what you state in this form.* It is binding. You need to make sure you have completed the latest version of this form. If you are unsure that you have the most current version, you need to contact your licensor. It is not required that you post this form but many providers do post it. Some people give a copy of this to their residents. In that case, you must not disclose confidential information about current people being served.

The form requires that you identify the type of client you will serve. When you fill out this section you need to really think about your skills and knowledge, compatibility with your family, and the layout of your house. I have seen some providers just write “adults.” This would mean you believe you have the skills to serve **anyone** - from the highest medical needs to the severely mentally ill to the most severely brain injured. If your home is not accessible you should state that you can only serve individuals that are able to use stairs when you describe the type of clients you will serve.

Continued from An Exploration into the Adult Foster Home Program Form on page 4

Providers are then required to address each of the following sections: lodging; food; personal care; protection; household and living skills assistance or training; family and friends; community, recreation and religious activities; safeguarding cash resources; supervision; transportation; community, social or health services; medication assistance; and program abuse prevention plan.

When filling out the information under each section you need to identify how you will provide services which are in compliance with the adult foster care rule and resident’s rights. For example the form lists rights related to lodging. They are:

1. Each person must have a signed individual resident placement agreement (IRPA) that is reviewed with the person at least annually.
2. People have the right to choose a roommate.
3. People who share a bedroom agree, in writing, to share the bedroom with another person.
4. People have the freedom to furnish or decorate their bedroom or unit.
5. People have the right to privacy in their bedroom, including the use of lockable doors.
6. People have the right to have their physical accessibility needs met allowing free access to and use of common areas of the residence.
7. People must have a dining area that has furniture that allows for meals to be shared by all persons living in the home.

You need to describe your plan to ensure you respect client’s rights and provide at least the minimum services related to lodging. For example, you could write: “We provide each person with a single (non-shared) room and supply a single sized mattress, bed frame, dresser, mirror, night stand, bedding, towels, and lamp. People can bring their own bedroom furniture and decorate their room as they like as long as nothing is a health or safety risk. The home has limited storage so people should only bring items which will safely fit in the room. Windows in bedrooms can’t be blocked by furniture in accordance with fire safety rules. The home has a dining room which is used for all meals in the home. The home has grab bars in the bathroom located on the second floor. Each person will have a mobility assessment before or at intake. Any modifications will be completed according to the assessment. If there is a change in mobility, the provider will make sure another assessment is done. The provider ensures that each person’s individual resident placement agreement is current and reviewed at least annually.”

One area people have many questions about is the Household and Living Skills Assistance or Training section. This section addresses things such as cooking, cleaning, budgeting, and other house care or maintenance tasks. Here is an example of how to complete this section: “Our program encourages people to participate in all aspects of home life including chores. Chores include cleaning actions such as dusting, sweeping, vacuuming, taking out the garbage, preparing or shopping for food, etc. We believe such activities should be done with persons receiving services instead of being done for them. We believe that this promotes a sense of self-esteem and physical and mental health. We will encourage as much involvement per individual interest, ability, and as assigned in their IRPA, CSP, CSSP. Any such activities chosen will be assessed for appropriateness and monitored as needed for safety. People will never use any machinery unsupervised until they have displayed the ability to use the item safely.”

Persons receiving services have the right to have guests come visit at times of their choosing. This does not mean they have the right to cause disruption of the home by inviting 20 friends over at 11:00 p.m. to binge the latest season of *Stranger Things* on Netflix. You can’t set visiting hours but you can discuss with the client appropriate times for visits when it will

Continued on back page

Welcome New Adult Providers

March 2019

- **Jill Anderson-Brindamour & Roy Brindamour**, Forest Lake
- **Jaime Katz**, Woodbury
- **Pam & Wes Johnson**, Cottage Grove

May 2019

- **Angelica and Darrell Grannis**, Woodbury

June 2019

- **Ramona and Phillip Jacobs**, Lake Elmo
- **Randall Nelson**, Woodbury

July 2019

- **Melanie Schorr**, Oakdale
- **Yia Yang**, Oakdale

FREE Online Training

Through DHS, the College of Direct Support provides online courses free of charge for family adult foster care providers. They have over 145 hours of training available which was developed by the University of Minnesota’s Research and Training Center on Community Living. Topics include person-centered planning, positive behavior support, civil rights and advocacy, and many more. <https://mn.gov/dhs/partners-and-providers/training-conferences/long-term-services-and-supports/college-of-direct-support>

Foster Care Recognition Evening

On May 23, Washington County Community Services Licensing Unit held the celebratory annual Foster Care Recognition Event. Hosted at the Lake Elmo Event Center, guests enjoyed a range of appetizers, desserts, and drinks. In the past year 55 new adult and child providers were licensed to serve our community. The celebratory experience was attended by 30 adult foster care providers, 18 child foster care providers, and 44 staff, sharing in the recognition to honor the efforts of the providers in our community. Attendees mingled, laughed, and ate while speeches were read and door prizes were awarded. Donations from local businesses made for desired and well received prizes and a few speeches made for some tears of appreciation.

Chris Sorenson, Community Services Director and Sarah Amundson, Child and Family Services Division Manager, were in attendance to congratulate providers. Becky Motzko, Licensing Unit Supervisor, led the event by providing a gratitude filled hosting job. County Commissioners Johnson, Kreisel, Miron, Karwoski, and Weik gave the foster care providers handshakes and appreciation while posing for pictures.

The following providers were recognized for:

5 years of service:

- Isabelle Atem (Adult)



- Melissa and Michael Franson (Child) *not pictured*
- Charlotte and Melchor Gonzales (Adult)



- Jody Mogren (Adult) *not pictured*
- Xong Mouacheupao (Adult)



- Roxanne Smith (Adult) *not pictured*

10 years of service:

- Kathryn Bentson (Child)



15 years of service:

- Lynn Cozad (Adult)



20 years of service:

- Linda Koslowski (Adult)



- Linda and Bob Lennartson (Adult)



30 years of service:

- Jean Gleason (Child)



We are truly grateful for the work and sacrifice you make to provide foster care for adults and children in our community. We hope you were able to enjoy the evening and feel the appreciation you deserve.

Child Foster Care Training

DISCLAIMER: In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur. For training information, please check the sponsor listing to be certain of all the details related to the training.

WASHINGTON COUNTY

All trainings will be held at the Washington County Government Center in Stillwater unless otherwise noted. To register for trainings contact us at 651-430-8307 or ComSvsCFCLicensing@co.washington.mn.us. All trainings are free to Washington County Foster Care Providers unless otherwise noted.

***Reimbursement Reminder:** Foster parents can seek up to \$100 training reimbursement per calendar year per household.

***Training Reminder:** 12 hours of training is required yearly. One hour needs to be mental health related.

CARS (Children and Restraint Systems) Training

This training is required when caring for kids seven and younger and must be taken every five years. *Limited participants!* No walk-ins. *Anyone arriving more than 15 minutes late will need to attend another session.*

Date/Time: Thurs., September 12 • 6:00-9:00 p.m.
Trainer: Washington Co. Public Health Staff

The Impact of Providing Foster Care on the Children of Foster Parents Training

This training will provide a comprehensive examination of the complexities of changes in family dynamics when parents provide foster care, including a detailed discussion around the perspective of the parents and the children already in the home.

Date/Time: Thurs., September 19 • 6:00-9:00 p.m.
Trainer: John Nalezny, Washington County Child Protection Supervisor

COMMUNITY TRAININGS

WEBINAR: Providing Inclusive and Affirming Services for LGBTQ Youth

This training will provide participants with the knowledge and tools to work with LGBTQ youth in a manner that is welcoming, inclusive, and affirming. The presenter will start by familiarizing LGBTQ identities and terminologies, and move on to examine the current social and political landscape for LGBTQ youth, adults, and families throughout Minnesota and the United States. *This webinar will be recorded, archived, and available for purchase immediately after the original training date.*

Date/Time: Tues., August 13 • 9:00 a.m.-Noon
Cost: \$89
Registration: www.macmh.org/summer-2019-registration-form

Trapped in a Maze With No Lights: School Refusal and Truancy Among Adopted and Foster Care Youth

Boring. Stupid. We aren't doing anything anyway. I don't see why I need to go. These common words uttered by foster and adopted youth when asked why they are refusing school can lead to relationship strain between the parents and their youth, and can well lead to a myriad of concerns for the youth's academic present and future. In this workshop we will: explore the common reasons for why foster and adopted youth refuse school and are truant; gain perspectives from the school, the foster system, and the mental health world on how to problem-solve regarding school refusal and truancy; learn practical skills for how to respond to foster and adopted youth when school refusal and truancy arise; discuss how parents can best partner with schools and community resources to address school refusal and truancy.

Date/Time: Tues., August 13 • 6:00-8:00 p.m.
Location: Gloria Dei Lutheran Church, St. Paul
Cost: \$20/person or \$35/couple
Registration: <https://education.mnadopt.org/v2/?c=event&id=1667>

WEBINAR: Beyond Bubble Baths and Yoga: Self-Care for Parents

Self-Care? When do I have time for bubble baths and Yoga class? That is just one more stress to juggle. In this interactive workshop, we explore the stresses we juggle in our lives, and the strengths that we use to manage those difficulties. Using the Juggler and other assessment tools, we will explore strategies to manage stress and develop an action to manage them in a way that is supportive and unique to each of us.

Date/Time: Thurs., August 15 • Noon-1:30 p.m.
Cost: \$18
Registration: <https://education.mnadopt.org/v2/?c=event&id=1673>

How Do I Help Them? Fostering 'Ordinary Magic' of Resilience in Young Children Experiencing Trauma

During this training, the presenters will showcase relationship-based therapeutic techniques for working with children who have experienced trauma. The first 1.5-hour session will highlight research and practice surrounding the use of therapeutic techniques. Then, using brief video role-play examples from their Resilience Toolkit, the presenters will discuss what works and why, using examples from live-webinar attendees. In the second

Washington County Foster Care Staff

Katie Olsen

Child Foster Care Licensor
651-430-6646
katie.olsen@co.washington.mn.us

Lisa Hofmann

Child Foster Care Licensor
651-430-4167
lisa.hofmann@co.washington.mn.us

Linnea Borer

Child Foster Care Licensor
651-430-6563
linnea.borer@co.washington.mn.us

Jessica Lentz

Senior Child Foster Care Licensor
651-430-6485
jessica.lentz@co.washington.mn.us

Robbin Ann Rosén

Adult Foster Care Licensor
651-430-4169
robbin.rosen@co.washington.mn.us

Shawna Carey

Adult Foster Care Licensor
651-430-6550
shawna.carey@co.washington.mn.us

Anna Markgraf

Case Aide
651-430-8307
annamarkgraf@co.washington.mn.us

Becky Motzko

Supervisor
651-430-6476
rebecca.motzko@co.washington.mn.us

Adult Foster Care Email:

ComSvsAFCLicensing@co.washington.mn.us

Child Foster Care Email:

ComSvsCFCLicensing@co.washington.mn.us

Visit us on the Washington County website at:

www.co.washington.mn.us/fostercarelicensing

Continued from Child Foster Care Training on page 7

1.5 hour session, the presenters will lead a discussion of scenarios gathered from live-webinar attendees, and discuss ways to incorporate trauma-sensitive strategies into working with young children.

Date/Time: Online training; once purchased, can be viewed at anytime

Cost: \$89

Registration: www.macmh.org/event-page/workshops-trainings/on-demand-trainings/#3

What You Need to Know: Eating Disorders in Adolescents and Children

The prevalence of eating disorders is increasing and children and teens are included in those rising numbers. It's important for parents and health and education professionals to be aware of early warning signs and symptoms of these mental health diagnoses. If an eating disorder is identified within the first 5 years from onset, full and lasting recovery can be achieved more readily. Learn about the most common eating disorders, risk factors, signs and symptoms, and evidence-based treatment for children and adolescents with eating disorders.

Date/Time: Online training; once purchased, can be viewed at anytime

Cost: \$29.50

Registration: www.macmh.org/event-page/workshops-trainings/on-demand-trainings/#5

.....

Adult Foster Care Provider Training Group

Trainings are held at the Government Center in Stillwater unless noted differently.

Topic: VA Mandated Reporter

All adult foster care providers are required to complete Vulnerable Adult training annually. Topics include: VA Act definitions, process of reporting and investigating, record keeping, required training, and a question and answer session.

Date: Tues., September 24 • 6:00-9:00 p.m. (*note: 3 hour session)

.....

Continued from An Exploration into the Adult Foster Home Program Form on page 4

better fit into a healthy schedule for them and does not infringe on the rights of others in the home. "We encourage persons to maintain contact with their friends and family. They can have friends over but we do ask that they give notice to the provider or other caregivers so appropriate arrangements can be made. Persons can come and go from the home per their supervision plan as outlined in the IAPP, IRPA, and CSSP and addendum. For those able to leave without staff supervision, they should let caregivers know where they are going and when they will back. This information is necessary because the program would need to know how to reach a person if something happened while the person was gone from the program. Persons can use their bedrooms for private visits. The lower level living room can be used for private meetings as well with prior notice so as not to infringe on the rights of others to have access to the area."

These are just a few examples of how to describe your services. Consult with your licensor if you have additional questions or concerns. Remember if you make any changes you must get them approved by your licensor.

Note that if you choose to move where you have posted the PAPP, you will need to update this program plan. *Failure to update the form can result in a correction order.*