

Intellectual and/or Developmental Disabilities (IDD)
Application Checklist for Applying for Rule 185 Case Management

Thank you for exploring Rule 185 Case Management or IDD Services in Washington County! Below you will find a list of what is included in this application packet. We also are providing you with a checklist to help guide you through the application process. We look forward to connecting with you!

INCLUDED IN APPLICATION PACKET:

- IDD: Informational Guide
- IDD: Application Checklist for Applying for Rule 185 Case Management
- IDD: Application for Rule 185 Case Management
- IDD: Physical Exam Form
- MN Department of Human Services: Application for Social Services (*Please note: This application should be filled out as the person applying for Rule 185 Case Management.*)

If you are interested in applying for IDD services, please submit **ALL** of the following:

CHECKLIST**Ages 0 – 5:**

- Signed** Application for Rule 185 Case Management
- Physical Exam Form completed by a licensed physician (MD), nurse practitioner (NP), or doctor of osteopathic medicine (DO)
- MN Department of Human Services: Application for Social Services
- Most recent diagnostic assessment (completed by the school or other licensed professional)
 - *Assessment must include FORMAL testing; an IEP or IFSP will not be sufficient*
 - Assessment must show:
 - A diagnosis of *Global Developmental Delays*
 - OR, a *Related Condition* diagnosis and requires support similar to a child with IDD
 - OR, an IQ of 70 or below (scores least two standard deviations below the mean of global functioning) in at least two areas, one of which must be either cognitive or mental → **this is not common at this age.**

Ages 5 – Adult:

- Signed** Application for Rule 185 Case Management
- Physical Exam Form completed by a licensed physician (MD), nurse practitioner (NP), or doctor of osteopathic medicine (DO)
- MN Department of Human Services: Application for Social Services
- Most recent diagnostic, Psychological, or Neuropsychological Evaluation
 - Evaluation must include:
 - Testing that shows IQ of 70 or below
 - If unable to complete testing to determine an IQ, an assessment of testing findings that shows an estimated level of intellectual disability

- If testing shows an IQ of 71 or greater, assessment results showing an adaptive composite score of 70 or below and reason for findings that adaptive functioning is similar to that of a person with intellectual or developmental disabilities.
(Please note: A teacher interview may be required if the person is currently enrolled in school.)
- Most recent school assessment that reports full scale IQ and adaptive function scores (if available)
- Optional, additional evaluations or assessments that will help us determine eligibility

REMINDER: Important information regarding diagnostic evaluations and assessments!

- Washington is required by the MN Department of Human Services and the State of Minnesota to follow specific policies when determining eligibility for Rule 185 Case Management. If you are submitting testing that does not include what is required to determine eligibility, you will be asked to provide or obtain updated testing. We are able to give you resources on where to go to get this testing!
- A diagnosis of *Autism Spectrum Disorder (ASD)* must be diagnosed and documented in a formal assessment completed by a licensed psychologist or psychiatrist, licensed neuropsychologist, or certified psychometrist. **An educational diagnosis of ASD alone will not be accepted.**
- If you have received services similar to IDD or Rule 185 case management in another state, please keep in mind that required eligibility and/or testing may differ from that of MN's and you may need to obtain new or updated testing.

We are not able to finalize the determination of eligibility for IDD services until all of the required documents are submitted and on file. We are happy to start the review assessments as you are completing other required documents in the application. We will also gladly hold open your application if you are needing to time to locate or complete additional testing.

If you have any questions about the application process, please call 651-430-6422.