

Adult Foster Care
Fire & Tornado Drill Log

AFC Provider's Name: _____ Address: _____ Phone: _____

Guidelines for Fire Drills in Foster Care Homes

CALL 911 FOR FIRE OR MEDICAL EMERGENCIES

1. Plan two escape routes from each room of the home, one the normal exit, the other a different door or window.
2. Write out your escape plan and rehearse it monthly.
3. Activate smoke detector so residents become adjusted to the sound and respond accordingly.
4. Teach residents that they SHOULD NOT hide under beds or in closets.
5. Imagine the room is filled with smoke. Residents should practice crawling low.
6. Close doors against smoke and heat. If door is closed, test it before opening by feeling near the top. If the door is hot, use the emergency exit.
7. Save the lives instead of the property. In a fire situation, evacuate residents from the home, then notify the Fire Department from a safe location.
8. In a multiple story home, evacuate upper floors first.
9. Set a predetermined meeting place outdoors so you know that everyone is safe. This may be at a neighbor's house or yard.
10. Teach residents to STOP-DROP & ROLL if their clothes catch on fire. Practice regularly.
11. Once the building is evacuated, remain outside.
12. Evacuation should be completed within three minutes

FIRE DRILL LOG
DRILLS MUST BE CONDUCTED QUARTERLY

Fire Extinguisher Locations: _____

Smoke Detector Locations: _____

Designated place to meet outdoors for Fire Drill:

FIRE DRILLS	DATE	Time to Evacuate	# of Residents	Test Detectors
January				
February				
March				
April				
May				
June				
July				
August				
September				
October				
November				
December				

TORNADO DRILL LOG
DRILLS MUST BE CONDUCTED QUARTERLY

Designated place to meet in case of Storm or Tornado:

(Fill in date of drill in appropriate box)

STORM DRILLS	DATE	Time to Seek Shelter	# of Residents	Comments
January				
February				
March				
April				
May				
June				
July				
August				
September				
October				
November				
December				

Guidelines for Storm Drills in AFC Homes

Tornado Watch: Tornadoes are possible. Remain alert for approaching storms. Watch the sky and stay tuned to NOAA Weather Radio, commercial radio, or television for information.

Tornado Warning: A tornado has been sighted or indicated by weather radar. Take shelter immediately.

1. A flashlight and portable radio/tv must be available for emergencies.
2. Lead all residents to the designated safe place in a calm, orderly, and firm manner. **Everyone should be sitting/kneeling FACING the wall, with his/her hands over the back of his/her head and neck, tucked into a ball.**
3. Keep windows closed. Houses do not explode due to air pressure differences. Stay away from windows during severe storms. Flying debris could shatter the glass and cause injury.
4. When selecting a tornado “safe place”, look for a place on the lowest level and away from windows and glass, preferably in a small room (closet or bathroom) in the center of the house.
5. Go under some kind of sturdy protection (heavy table or work bench) or cover yourself with a mattress or blanket. Know where very heavy objects rest on the floor above (pianos, refrigerators, waterbeds, etc.) and do not go under them. They may fall down through a weakened floor and crush you.

For more information, visit: www.ready.gov/tornadoes