

# CRISIS RESPONSE UNIT

## 651-275-7400

### Are you experiencing a Mental Health Crisis?

You are NOT alone!

The Washington County Crisis Response Unit provides Mobile Mental Health Crisis Services for adults and children.

***Available 24 hours a day.***

Mental Health Crisis Services are face-to-face, short-term, intensive mental health services that assist and support individuals and families with:

- crisis counseling
- resources and information
- referral(s) to on-going services
- navigating the mental health system

**Phone: 651-275-7400 • Fax: 651-275-7401**

Email: [CrisisResponse@co.washington.mn.us](mailto:CrisisResponse@co.washington.mn.us)

**National Suicide Prevention Lifeline:** 800-273-TALK (8255)

**National Association of Mental Illness (NAMI) Minnesota:**

651-645-2948 • 1-888-NAMI-Helps (1-888-626-4435)

[www.namihelps.org](http://www.namihelps.org) • Email: [namihelps@namimn.org](mailto:namihelps@namimn.org)

**Crisis Text Line:** Text MN to **741741**

