

- **Hope Counseling, LLC**

1903 Greeley St. S., Suite #201, Stillwater, MN 55082

Phone: 651-430-1060 / Intake Phone: 651-214-0975 / Fax: 651-439-9299

Website: www.hopcounselingllcmn.com

Services: Hope Counseling LLC is a Rule 245G program licensed by the Department of Human Services. The program was established to address the needs of the growing diverse population in Washington County. Our services include; chemical health assessments, Rule 25 Assessments, group and individual counseling, aftercare programming, psychoeducational group, and Driving With Care Classes. Our goal is to complete accurate, timely, and culturally compatible assessments. We also strive to make appropriate referrals to client-centered and culturally compatible agencies that can meet clients' needs. Hope Counseling LLC will be serving adults at least age 18 to 99 of all genders.

Business hours: *(or by appointment)*

- Monday-Friday: 9:00 a.m.-5:00 p.m.
- Saturdays: 10:00 a.m.-2:00 p.m.

Private Pay: \$250.

- **New Beginnings Minnesota at Stillwater**

1825 Curve Crest Blvd. W., Suite 103, Stillwater, MN 55082

Phone: 651-351-9325

Website: www.meridianprograms.com

Services: New Beginnings provide substance use disorder assessments and chemical dependency services for men and women 18 years of age and older. We welcome referrals from community corrections, courts, county social service agencies, employee assistance professionals, therapists and self-referrals. We accept self-pay, BCBS, HealthPartners, Valu Options, Medica, Preferred One, and Com Psych; for all others, please call to verify if we accept your insurance.

Private Pay: Please call for information.

- **Nivon Wellness Center, LLC**

7501 80th St. S., Suite 108, Cottage Grove, MN 55016

Phone: 612-564-8073 / Fax: 651-925-0453

Website: www.nivonwc.com

Services: Nivon Wellness Center, LLC is an out-patient substance use disorder program designed to address the unique substance use disorder and mental health needs of the community in Washington County and the greater metropolitan areas in Minnesota. Nivon Wellness Center, LLC utilizes evidence-based treatment methodologies with a focus on treating underlying causes of substance use such as mental health issues and trauma. Nivon Wellness Center treats adult males and females in the adult program as well as adolescent males and females in the adolescent program.

Nivon Wellness Center, LLC provides clinical hours:

- Monday through Friday: 8:00 a.m.-8:00 p.m.
- Saturdays: 8:00 a.m.-1:00 p.m.

Private Pay: Please call for information.

- **Northstar Behavioral Health**

1350 Arcade St., St. Paul, MN

Phone: 651-487-4987 / Fax: 651-488-0887

Website: www.northstarbehavioralhealthmn.com

We accept most major insurances – please call ahead. CASH ASSESSMENTS: \$150.00. Must pay at time of appointment.

• **Reflections, LLC**

1675 Greeley St. S., Suite 101, Stillwater, MN 55082

Phone: 651-342-1857 / Fax: 651-342-1868

Email: reflectionschemicalhealth@gmail.com

Website: www.reflections-mn.com

Services: Reflections is a personalized treatment program providing Substance Use Disorder treatment in a safe, comfortable, and confidential environment that promotes health and wellness. Reflections offers group therapy, walk-in assessments, education and family support, and individual therapy/assessments including some evening appointments.

Reflections business hours are Mon.-Thurs. 8:00 a.m.-4:00 p.m., Fri. 7:00 a.m.-Noon, and evening hours by appointment only.

Service hours are:

- Group Therapy:
 - Mon.-Thurs. (Phase I): 8:00 a.m.-Noon (12 weeks)
 - Tues.-Thurs. (Phase II): 1:00-3:00 p.m. (12 weeks)
- Walk-In Assessments (for substance use): Fridays: 7:00 a.m.-Noon
- Education and Family Support: Thursdays: 6:00-7:30 p.m.
- Individual Therapy/Assessments (*by appointment*): Mon.-Thurs. 1:00-4:00 p.m.
- Evening Individual Therapy/Assessments (*by appointment only*)

Private Pay: Please call for information.

• **Valhalla Place, LLC**

Sites: Brainerd – 2215 S. 6th St. / Intake Phone: 218-454-1010

Brooklyn Park – 2807 Brookdale Dr. / Intake Phone: 763-237-9898

Minneapolis – 3329 University Ave. SE / 612-617-1777

Woodbury – 2063 Hudson Rd., Suite #220 / 651-925-8200

Website: www.valhallaplace.com

Services: Valhalla Place is a premier provider of MAT addiction and mental health services in the Twin Cities. All of our services and programs are designed to meet the individual needs of those we serve 18 years of age and older. Valhalla Place offers medication assisted therapy, high intensity outpatient group, mental health, education, family support and chemical health assessments. We will work with you to develop goals and strategies to address life issues that you identify as important, and help you to achieve lasting change. Valhalla Place follows a harm reduction approach which supports the client in the change process and enhances motivation to lead a drug free lifestyle.

Valhalla Place accepts third party insurance, managed care plans, Medicare and consolidated funding and self-pay.

Business hours are: (*Hours and services may vary depending on location*)

- Monday through Friday: 5:30 a.m.-2:00 p.m.
- Saturdays: 6:00-11:00 a.m.

Private Pay: Assessments are available for private pay clients. Assessments are billed at \$150.00 an hour.