

**WASHINGTON COUNTY  
LOCAL MENTAL HEALTH ADVISORY COUNCIL  
Minutes of September 10, 2014**

<b>NAME</b>	<b>present</b>	<b>absent</b>	<b>NAME</b>	<b>present</b>	<b>absent</b>
Tracy Klein	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Commissioner Weik	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Sarah Amundson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Linda Stanton	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Daniel Parnell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Joseph Bauer	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Susan Seiler	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Gail Burns	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Kathy Mickelson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Carol Treague	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Stacy Kislenger	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jeremy Jenkins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ken Schwarten	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Kris Roberts	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Amy Rostron-Ledoux	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Melva Radtke	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Pam Johnson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lydia Engle	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Renee Beberg	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mark Perseke	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Guests:** John Nalezny, Jeff Treague, Traci Thompson, Aaron Smith, Therese Gilbertson, Amanda Hollis

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**Called to Order:** Jeremy Jenkins, Chair, called the meeting to order. Dan Parnell moved to approve the July 8, 2014 meeting minutes with a second by Ken Schwarten.

**Northstar Care for Children - Sarah Amundson, Washington County Community Services**

- The Minnesota Legislature enacted Northstar Care for Children during the 2013 session, creating a unified rate structure for foster care, adoption assistance and kinship assistance.
- The unified rate structure is based on a new unified assessment tool named Minnesota Assessment of Parenting for Children and Youth (MAPCY). The MAPSY assessment tool takes approximately 2 hours for staff to complete.
- The program will begin on January 1, 2015.
- Northstar was implemented to reduce the number of children who leave foster care without a permanent family.

**Northstar Goals:**

- Improve Permanency Outcomes
- Reduce the number of children who leave foster care without a permanent family
- Reduce racial disparities among the children who remain in long-term foster care
- Increase the percentage of children who are adopted within two years
- Fiscally balanced permanency
  - Decrease the benefit discrepancy between permanency options
- Improve stability for children
- Reduce the length of stay for children in out-of-home care
- Support foster parents
- Improve consistency in practice across the state

**Washington County Demographics – Amanda Hollis, Washington County Administration**

- Population: 2013 – 248,095 (has more than doubled since 1980)  
2040 – 337,810 (forecast)
- Largest Cities in the County – 2013 city populations
  - Woodbury – 65,746
  - Stillwater – 18,970

- Hugo – 13,879 (expected to pass Oakdale, Forest Lake, and Stillwater by 2040)
- County Comparisons
  - Washington County is the fifth largest county in Minnesota in terms of population.
  - Washington County is the fourth smallest county in Minnesota in terms of land area (without water).
- Aging
  - Statewide:
    - Median age in 2000 was 35.4 years
    - In 2012, rose to 37.6 years
  - Washington County:
    - Median age in 2000 was 35.1 years
    - In 2012, rose to 38.2 years
- Median household income, 65+ head of household
  - Washington County ranked second in the state at \$46,743 for 2008-2012, in 2012 dollars
- Percent with a disability, 65+ only
  - Washington County ranks 8 (1 being the lowest), at 28.7% for 2008-2012
- Minnesota trails the US in percent of Color
  - Between 2000 and 2010 most of Minnesota's growth was Population of Color
    - 350,000 more Minnesota residents in 2010 than in 2000
  - Percent of Color, 2010
    - 20%+ Hennepin, Ramsey, Mahnomon, Beltrami, Watonwan, Nobles
    - 15-19% Scott, Dakota, Mower, Olmsted
    - 5-14% 54 additional counties including Washington (14%)
- Washington County had approximately 14% of people who identified themselves as people of color
- 7-County Metro had 24% of people identify themselves as people of color
- 40.1% with a bachelor's degree or higher in Washington County
- Income and Economics
  - For June 2014
    - 131,033 Washington County residents were employed
    - Washington County's unemployment rate was 4.2%
    - Minnesota's rate was 4.5%
    - National rate was 6.1%
  - Washington County citizens enjoyed the third highest median household income of Minnesota counties during 2012
  - Washington County had the highest median gross rent at \$1,077 for the 7 county metro for 2010-2012
- Poverty
  - Washington County ranks 3<sup>rd</sup> lowest in Minnesota for individuals living below the poverty level in 2012 at 5.5%
  - Children (0-17) living below the poverty level in Washington County is 6.2%
  - Poverty in Washington County has risen over the past couple of decades, but still trails the metro

**Other:**

Dan Parnell mentioned NAMI Walk at Minnehaha Park on Sept 27<sup>th</sup> to help raise awareness of mental illnesses.

National Mental Illness Awareness Week is October 5-11. On Tuesday, October 6, Community Services and NAMI Washington County are partnering to present a public event, 'Community Conversations on Mental Health', from 6:00 p.m. – 8:00 p.m. in Washington County Government Center conference room LL 14.

Pam Johnson mentioned Governor Dayton has named this coming legislative session as the year of mental health. Consequently, there are many new initiatives being proposed from the Minnesota Department of Human Services regarding services to persons struggling with mental health and chemical health issues. The Local Advisory Council might benefit from updates at each of our meetings and to be strong advocates for positive changes whenever possible.

The Children's Mental Health Partnership has begun their monthly meetings throughout the school year. This month's meeting focused on the growing number of students who struggle with self injurious behaviors (cutting, self-harm). They discussed both school and therapist intervention strategies. This meeting occurs the first Monday of each month at 8.am at Canvas Oakdale, and school staff, providers and consumers (parents) are welcome to attend.

**Adjournment:** Commissioner Weik made a motion to adjourn the meeting. Dan Parnell seconded the motion. Meeting adjourned.