

**WASHINGTON COUNTY
LOCAL MENTAL HEALTH ADVISORY COUNCIL
Minutes of November 12, 2013**

NAME	present	absent	NAME	present	absent
Robert Rafferty	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Commissioner Weik	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Amber Yares	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Linda Stanton	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Daniel Parnell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Joseph Bauer	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Laura Weber	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Edward Simonet	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Kathy Mickelson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jeffery Treague	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Julia Beagan	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jeremy Jenkins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ken Schwarten	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Marjenia Williams	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Amy Rostron-Ledoux	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Melva Radtke	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Pam Johnson	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lydia Engle	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Renee Beberg	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mark Perseke	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Kris Roberts	<input checked="" type="checkbox"/>	<input type="checkbox"/>			

Guests: Rick Backman, Tracy Klein, Therese Gilbertson, Carol Treague, Aaron Smith, Traci Thompson, Dan Stack

Called to Order: Dan Parnell, Chair, called the meeting to order at 4:00 p.m. Jeremy Jenkins moved to approve the November 12, 2013 meeting minutes with a second by Commissioner Weik.

Rick Backman thanked Robert Rafferty, Jeffery Treague, Julia Beagan, and Edward Simonet for their service on the Local Mental Health Advisory Council as their terms expire at the end of the year.

WASHINGTON COUNTY COMMUNITY SERVICES UPDATE:

MnCHOICES Initiative: Kathy Mickelson, Community Services Division Manager

- Objectives of MnCHOICES
- Legislative Mandate
- Goals of MnCHOICES
- MnCHOICES Assessment
- MnCHOICES in Washington County (implementation begins April 14, 2014)

Dan Stack, Supervisor was present to answer questions.

County Role: Rick Backman, Community Services Division Manager

History of the LAC in Washington County:

- 1990's Washington County established the Children's Mental Health Council.
- 12-31-2010: The Children and Family Council dissolved along with and the formal Children's Mental Health (CMH) Action Collaborative and other associated action collaboratives.
- 7-12- 2011: At this LAC meeting, the Council was presented with necessary changes in its by-laws to have a combined child and adult Local Mental Health Advisory Council.
- 1-10-2012: The LAC began to function as a combined adult and child Mental Health Advisory Committee on this date, fulfilling the duties of both the Adult and Child MH Act requirements and providing the necessary input and advice to the County Board and Community Services Department.

- The Washington County LAC has remained a joint Child and Adult LAC since 2012.

Legal Requirements:

The following individuals must serve on the local children's mental health advisory council ... (the underlining indicated a member representing this area needing to be added):

- (1) at least one person who was in a mental health program as a child or adolescent;
- (2) at least one parent of a child or adolescent with severe emotional disturbance;
- (3) one children's mental health professional;
- (4) representatives of minority populations of significant size residing in the county;
- (5) a representative of the children's mental health local coordinating council*;
- (6) one family community support services program representative.

Annually, the local children's mental health advisory council or children's mental health subcommittee of the existing local mental health advisory council shall:

- (1) arrange for input from the local system of care providers regarding coordination of care between the services;
 - (2) identify for the county board the individuals, providers, agencies, and associations as specified in section 245.4877, clause (2); and
 - (3) provide to the county board a report of unmet mental health needs of children residing in the county.
- (c) The county board shall consider the advice of its local children's mental health advisory council or children's mental health subcommittee of the existing local mental health advisory council in carrying out its authorities and responsibilities.

Review of WCCS Mental Health Services: Therese Gilbertson, Supervisor and Traci Thompson, Supervisor

- Due to legislative changes, counties will experience an increase in cost of care. 10-50% St. Peter
- Due to legislative changes, The Adult Pilot program will end effective 6/14, subsequently the Adult Mental Health Team has lost our nursing position to AMRTC
- The Adult Mental Health Team was granted funding for a position to assist with housing support for clients in the Adult Mental Health Team, this position has assisted in finding housing for 9 individuals.
- The Adult Mental Health Team has experienced an increase in clients with PMAP's for health insurance coverage; subsequent to this is an increase multiple expectations of different PMAP providers.
- The Adult Mental Health Team has seen an increase in clients who are also served in the criminal justice system, needing increased coordination with probation, Rule 20's and the treat to competency unit at St. Peter.
- Community hospitals and AMRTC continue to treat individuals for shorter lengths of time, which requires community providers to find increased support and housing in the community.
- The Adult Mental Health Team in conjunction with the Adult Licensing Team contracted with a provider to recruit Adult Family Foster Care Providers for clients with a Serious and Persistent Mental Illness. Recruiting efforts have produced flyers and posters throughout the community and listings on job boards and agency newsletters. At this time, there are 2-3 potential providers interested and are working with the licensing team.

- In 2013, compared to 2012, case management referrals have decreased and complicated cases have increased. Prepetition Screenings for civil commitments have increased.

Unmet needs:

- Lack of housing support services
- ILS (Independent Living Skill) for transitional aged youth, particularly in the area of housing support
- Transportation vouchers due to lack of public transportation in WC
- Employment support and development, transportation to employment
- Development of a Tasks Unlimited program in WC, provides stable housing and employment opportunities
- Benefits assistance to prevent losing health care coverage
- Lack of access to adult psychiatry
- Lack of specialized services, such as mental health services for Seniors
- Lack of support for parents with a mental illness that are involved with Child Protective Services

CANVAS HEALTH UPDATE:

Review of Mental Health Services: Pam Johnson and Laura Weber

Update regarding Children's Mental Health services contracted through Canvas Health:

1. Children's Mental Health Case Management – Service provides coordination of services and facilitation of necessary out of home placements for children struggling with serious emotional disturbance in Washington County. CMHCM is currently open to 217 children and youth. So far in 2013, out of home placements have been minimal (only 27 total), with the majority of children accessing appropriate and effective mental health services within our county.
2. Community Based Residential Alternatives Program – Service provides children struggling with serious emotional disturbance who are in need of high levels of care, an alternative in-home therapy program for the child and their families. Services might include individual therapy, parent therapy, family therapy, and skills training. This program has served 101 children and their families thus far in 2013. Of those, 74 youth have utilized this program as an alternative to more costly, more disruptive residential treatment. County funds also support Transition age youth with life skills necessary to successfully manage their mental health symptoms, while planning for successful independence in the community.
3. Over the past few years, Day Treatment Services have been significantly decreased due to budget changes, primarily the loss of school district funding. Canvas now has only one day treatment program, offering middle school children a daily, 3 hour a day therapy program in order to provide them with a high level of mental health care. These children are struggling with symptoms that make it extremely difficult to manage in school, at home or in the community with friends. Each day, 8 youth are served in a morning group and 8 youth are served in an afternoon group.

Trends:

1. Over 2013, Canvas has worked very closely with Children's Services at Community Services to keep out of home placement rates the second lowest percent of youth per 1,000 in placement in the state of Minnesota. Good work.
2. We are seeing younger children presenting with significant mental health symptoms (ages 5-9). Staff has gone through several evidence based trainings for therapies that treat trauma in children. This has resulted in an increase of parents, who have adopted children who had

experienced trauma at an early age and thus are experiencing difficulties, increasingly seeking out our services.

3. There has been an increase of referrals to Case Management of children hospitalized with aggressive behaviors, diagnosed with Autism spectrum.
4. In-Home services staff worked with 4 teen moms who struggle with significant mental health needs.

Canvas had a Child Psychiatrist recently resign which is always disruptive to parents. Another Doctor has already been hired and will start in December.

END of Year Report to the County Board: Dan Parnell

Dan Parnell and Kathy Mickelson will work on the end of the year report.

LAC Officers for Next Year: Dan Parnell

There was a brief discussion about the new Chairman and Vice Chairman.

Other: Pam Johnson talked about the CMH council; Children's Mental Health Partnership, which includes area school staff, a Community Services supervisor, Canvas Health staff, and other community stakeholders in children's mental health continues to meet at Canvas Health on a monthly basis.

Adjournment: Robert Rafferty made a motion to adjourn the meeting. The motion was seconded by Jeff Treague. Meeting adjourned at 5:30 p.m.