

**WASHINGTON COUNTY  
LOCAL MENTAL HEALTH ADVISORY COUNCIL  
Minutes of January 11, 2011**

<b>NAME</b>	<b>present</b>	<b>absent</b>	<b>NAME</b>	<b>present</b>	<b>absent</b>
Robert Rafferty	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Commissioner Lehrke	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Amber Yares	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Peggy Herzog	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Daniel Parnell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Anja Kuehne-Welsh	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Laura Weber	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Joseph Bauer	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Cindy Rupp	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Edward Simonet	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Julia Beagan	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jeffery Treague	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Ken Schwarten	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Linda Stanton	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Amy Rostron-Ledoux	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Regina Walker	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Danni Schifsky	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jeremy Jenkins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Erika Ashe	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

**Guests:** Therese Gilbertson, Traci Thompson, John Nalezny, Richard Backman, Gayle Carney.

Cindy Rupp called the meeting to order at 4:00. Motion was made by Jeremy Jenkins to approve meeting minutes of November 9, 2010, and seconded by Rob Rafferty. Motion carried. Although unable to attend this meeting, Autumn Lehrke, newly appointed Board member, will be replacing Gary Kriesel on LAC. Introductions were made and the LAC welcomed three new Board members; Amber Yares, Ken Schwarten, and Laura Weber.

**Election of Officers**

Due to current vacancies, a new Chair and Vice-Chair were voted in by ballot for 2011. New LAC Chair is Jeremy Jenkins and Vice-Chair is Linda Stanton. After the election, Jeremy chaired the remainder of the meeting.

**Rick Backman – Restructure of LAC**

Rick Backman discussed and gave handout to members on proposed action to add three Children’s MH oriented members to the LAC Advisory Committee to fulfill state requirements. Due to the dissolution of the CMH Action Collaborative, there is a need to add at least one adult who was in a mental health program as a child or adolescent, one family community support services program representative, and a representative of the children’s mental health local coordinating council (LCC member addition to the LAC will be delayed at this time). The LAC would then function as a combined Adult and Child MH Advisory Committee fulfilling the duties of both the Adult and Child MH Act requirements and providing necessary input to the County Board and the Community Services Department. The Community Services Department is recommending these changes along with approval to change the LAC bylaws to reflect required changes. Members agreed that this would be a beneficial collaborative for continuity of care and helping determine service gaps from childhood into adulthood. Appointments would be made by the Washington County Board.

**Law Enforcement Update**

Cindy gave update on law enforcement training. Sheriff Hutton was informed that we had grant money for the training of officers, but when the notice was sent out to the Chiefs of Police there was no response. This could have been due to short notice or the fact that it was an entire week of training. We did pre-pay for five slots for CIT training for officers from the Sheriff’s Department through Ramsey County. We also purchased 3 slots for CIT training for correctional officers who work in the jail. The jail population has changed over the years and there are more incarcerated individuals who have mental health issues.

Committee members discussed other possible sponsors for future trainings for law enforcement. NAMI and United Way were some possible groups to sponsor future training, and Rob will contact and keep committee updated. There was a suggestion from the group to ask for feedback from one of the participants in the training so we can gauge the value of the training. Cindy will follow-up on arranging this.

### **Other Updates**

Dan Parnell indicated he will participate in a DOC training regarding crisis intervention techniques in Colorado. He asked that anyone with incarcerated family members who may have valuable input to please contact him.

Laura Weber from HSI informed committee that HSI is in process of change and is undergoing major restructuring. They are losing some services, but growing with others. Generations has been expanded and they are finalizing the addition of Crisis Connections (call center).

People Incorporated has a new CD/MI program in Minneapolis. This is a long-term treatment program located at 2200 Park Avenue in Minneapolis and opens on March 1, 2011.

Cindy Rupp indicated the State Advisory Council is developing an interactive website to provide a forum to share information with LAC's and the State Advisory Council and Children's Subcommittee. The council is requesting that a member of the committee volunteer to be the connection between the committee and the State LAC website. Please contact Cindy if interested.

Cindy Rupp informed committee that metro counties received a letter from DHS requesting information for a proposal that would downsize Anoka and move smaller units into communities. Cindy will keep committee updated when more information is received.

Linda Stanton reminded committee members about RI Discovery, a self-help program that uses a simple set of living skills to enable people to live more peaceful, productive lives.

Jeremy Jenkins indicated that due to the recent events in Arizona, that the County Board be reminded that the LAC is here as a resource if something needs to be addressed. Committee members agreed that the committee would be happy to provide input or recommendations in our advisory capacity. Jeremy will draft a letter for input to our County Board with input from the members.

### **Items for Discussion for 2011**

The Committee came up with a list of issues to address this year. A survey will be prepared for members to vote on three priorities to focus on for 2011:

1. Lack of resources. Find new resources/creative ways to increase funding for mental health services.
2. Lack of transportation for clients.
3. Improving transition services from youth into adulthood, 18-21 year olds.
4. Better/more ways to inform general public about available services.
5. Lack of housing funds, funds to update housing, and Bridging funds.
6. AMRTC changes/updates.

7. Training. CIT updates – officers come to LAC to discuss training.
8. Self-Help programs.
9. More ongoing support services - outreach, prevention and support.  
Effect change - proactive and not crisis.
10. How to engage clients in programs. Currently WRAP on hold – no interest.  
What will people participate in?
11. Restructure services.
12. More support services for Seniors/Elderly.
13. Create visual of services available – chart from youth to adult to determine gaps in service.
14. Willow Haven, Raymie Johnson, Stillwater Residence, and Rivertown services.

**Meeting Adjournment**

Motion was made by Dan Parnell to adjourn at 5:30 p.m., and seconded by Rob Rafferty.  
Motion carried.

Respectfully submitted,

Kim Anderson