

**WASHINGTON COUNTY
LOCAL MENTAL HEALTH ADVISORY COUNCIL
Minutes of November 9, 2010**

NAME	present	absent	NAME	present	absent
Robert Rafferty	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Bruce Eisenmenger	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Kristy Hoff	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Peggy Herzog	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Daniel Parnell	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Anja Kuehne-Welsh	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Gary Kriesel	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Joseph Bauer	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Cindy Rupp	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Edward Simonet	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Julia Beagan	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jeffery Treague	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Kathleen Downing	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Linda Stanton	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Amy Rostron-Ledoux	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Regina Walker	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Danni Schifsky	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Jeremy Jenkins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Erika Ashe	<input checked="" type="checkbox"/>	<input type="checkbox"/>			

Guests: Therese Gilbertson, Roger Meyer, speaker Mental Health Crisis Alliance

Kristi Hoff, Chairperson, called the meeting to order at 4:05 p.m. Motion was made by Joe Bauer to approve meeting minutes of September 14, 2010, and seconded by Jeremy Jenkins. Motion carried.

Speaker: Roger Meyer, Project Director, East Metro Adult Crisis Stabilization Partnership

EMACS was established in 2002-03 when Attorney General Hatch brought key stakeholders together to address the issue of consumers being sent outside of the metro area for psychiatric inpatient beds. The programs emphasis is on the coordination of crisis services for adult consumers who are at risk of psychiatric hospitalization and who require additional services in order to be discharged to a less intensive level of care. On January 1, 2011, EMACS will be changing their name to Mental Health Crisis Alliance.

The EMACs Leadership Team is comprised of representatives from: 1) Counties - Dakota, Ramsey and Washington, 2) Hospitals - Regions, HealthEast, and United, 3) State of MN - MN Dept. of Human Services Adult MH Services and State Operated Services, 4) Consumers - Mental Health Association of MN, Consumer Survivor Network, and NAMI, 5) Health Plans - HealthPartners, Blue Cross/Blue Shield of MN, UCare, and Medica.

The purpose of this team is to continue to measurably improve the east metro mental health crisis system; work to ensure all adults experiencing mental health crisis receive timely, high quality integrated services in the least restrictive setting regardless of ability to pay or county of residence; and design and operationalize infrastructure to provide uninterrupted crisis services across medical systems, county lines and providers. EMACS members take responsibility to measurably improve the system by pursuing the following activities: 1) Provide crisis stabilization services through the EMACS Crisis Stabilization Program, 2) Create an integrated Multi-County Crisis Center, 3) Bring stakeholders together to troubleshoot and solve continuity of care issues, build relationships and trust among providers, identify and work to fill gaps in the continuum of care, and identify and implement best practices and service improvements, 4) Promote utilization of existing and new services among east metro providers, 5) Share data and review best practices to ensure continuous system improvement.

Regions is the largest provider of services, and only three consumers have been diverted to psychiatric inpatient beds outside the metro area this year. Counties have been working together sharing resources and crisis beds, etc. The new East Metro Behavioral Health Crisis Center will open in late summer or early fall of 2011 and will offer 1) Detox, 2) Crisis Mental Health Services, 3) Second Judicial District Commitment Court, and 4) Chemical Health Services. This center will offer on-site crisis services intervention and stabilization services for adults and reduce the inappropriate use of Emergency Rooms. EMACS is working to raise funds to add additional psychiatric services, Certified Peer Specialists, and crisis respite housing. Certified Peer Specialists are those who have been diagnosed with a mental illness and gone through a training program. They can assist others with their mental illness through their shared experiences.

Update - Training for Law Enforcement

Therese Gilbertson has been added to the sub-committee including Rob, Amy, and Regina to look at law enforcement training for Washington County law enforcement officers to help them deal with mentally ill individuals in the community. Sheriff Hutton is very interested in possible training opportunities for his officers. We do have some grant funds that could be used for crisis intervention training for law enforcement officers. There are currently two training programs being considered: MN Crisis Intervention Team Officer's Association and Barbara Schneider MH Crisis Response Institute. The Committee felt these would be beneficial trainings for officers to ensure health and safety of all involved. Cindy will give an update at the next meeting.

Update – Cindy

Cindy Rupp informed the committee of the possibility we will be adding more membership to our LAC as the Children's MH Collaborative Committee may be disbanding due to funding issues. The LAC would then focus on both Child and Adult mental health issues.

Update on NAMI Walk – Dan Parnell

Dan informed committee members that Washington County had a good turnout for the NAMI Walk that was held on Saturday, September 25, 2010 at Minnehaha Park. Washington County came in third for raising the most funds!

New LAC Member & Farewell

Erika Ashe, new committee member, was introduced. She is the Director of Residential Services for People, Incorporated. This is also the last meeting for three of our committee members: Kathy Downing, Bruce Eisenmenger (not present), and Kristi Hoff, Chairperson.

Meeting Adjournment

Motion was made by Dan Parnell at 5:15 p.m. and seconded by Joe Bauer. Motion carried.

Respectfully submitted,

Kim Anderson